

National Parks

Dinosaur National Monument

Thousands of fossilized dinosaur bones are preserved at the park, which includes the canyon country of the Green and Yampa rivers. Self-guided auto tours and hiking trails are available. The visitor center, 20 miles east of Vernal, is built over the face of a quarry where fossil excavation continues. Headquarters: 4545 Hwy. 40, Dinosaur, CO. Phone (970) 374-3000. Quarry Visitor Center: 20 mi. east of Vernal off Hwy. 149. Phone (801) 789-2115

Golden Spike National Historic Site

This site marks the 1869 connection of the Union Pacific and Central Pacific railroads. Re-enactments and other costumed presentations are offered, and exhibits, films, and slide programs are available at the visitor center. Locomotive replicas are on display from May through October, with steam demonstrations at arrival and departure. Hiking trails and an auto tour are available. Exit 368 west of Brigham City. Phone (435) 471-2209

Timpanogos Cave National Monument

To reach the cave, visitors must hike a strenuous 1.5-mile, paved trail that winds over 1,000 feet up the slopes of Mount Timpanogos. The cave is open mid-May through October and the visitor center, a year-round. A quarter-mile west of the visitor center is a picnic area with grills, water, and rest rooms. American Fork. Phone (801) 756-5238

Utah, contact:

Utah Division of Parks and Recreation
Reservations: (801) 322-3770 or
(800) 322-3770 (national)

Utah Travel Council

(801) 538-1030 or (800) 200-1160

BLM Salt Lake District

(801) 977-4300

For more information on outdoor recreation in

